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Functional Mobility Scale (FMS)

Please read the following questions and fill the gap with the rating (see below) that best represents your child's mobility method:

_____ 5 metres _____ 50 metres _____ 500 metres

1. How does your child move around for short distances in the house, such as within on room? (5m)
2. How does your child move around in and between classes at school? (50m)
3. How does your child move around for long distances such as at the shopping centre? (500m)



Rating:

N= Does not apply: e.g., child does not complete the distance.

C= Crawling: child crawls for mobility at home (5 m).

1= Uses wheelchair: may stand for transfers, may do some stepping supported by another person or using a walker/frame.

2= Uses a walker or frame: without help from another person.

3= Uses crutches: without help from another person.

4= Uses one crouch or one or two single point sticks: without help from another person.

5= Independent on level surfaces: Does not use walking aids or need help from another person.*

Requires a rail for stairs. *If uses furniture, walls, fences, shop fronts for support, please use 4 as the appropriate description.

6= Independent on all surfaces: Does not use any walking aids or need any help from another person when walking over all surfaces including uneven ground, curbs etc. and in a crowded environment.